

PAN MERSEY AREA PRESCRIBING COMMITTEE
PRESCRIBING POLICY STATEMENT
REF: G22 FINAL
APC BOARD DATE: 29 JUL 2015



Pan Mersey

Area Prescribing Committee

DIETARY CHOICES: prescribing considerations for adults

The Pan Mersey Area Prescribing Committee recommends that when prescribing for adults with particular dietary choices, prescribers advise the patient of the ingredients contained in medicines that are being considered for prescribing.

Adults may have particular dietary choices (for example, people who are vegan or have a halal or kosher diet).

For licensed medicines, both the Summary of Product Characteristics (SPC) and the Patient Information Leaflet (PIL) list all the ingredients (both active and inert) contained in the medicine.

For the majority of licensed medicines, the SPC and PIL are available on the [electronic Medicines Compendium \(eMC\)](#)

If a patient has concerns as to the suitability of a particular medicine they should be advised of the full list of ingredients, or signposted to the SPC or PIL, to enable them to determine whether the medicine is acceptable to them. Patients may wish to consult a support group (eg. The Vegan Society,) a faith or community leader or other appropriate information regarding the suitability of particular ingredients. Once agreement on a suitable product has been reached, prescribers are advised to prescribe by brand.

Hypersensitivity to an ingredient (eg. arachis oil for a patient with nut allergy) is a contra-indication.

Note: Patients who are not eligible for treatment under this policy may be considered on an individual basis where their GP or consultant believes exceptional circumstances exist that warrant deviation from the rule of this policy. If appropriate an exceptional funding request will be required following the usual locally defined process.